

PUFFS OF SMOKE

WWW.CEDARRIVERBOWMEN.ORG



NEWSLETTER

AUGUST, 2016

FROM THE PRESIDENT

By: Tom Daniels, President

Well folks the shoot calendar for CRB 2016 is just about over, with another Bownanza in the books, football and hunting just around the corner. I hope that everyone has enjoyed themselves this year. It has been another busy year at CRB, and club members like you help keep things going.

Just a reminder no broad heads in the target butts. Please, while tuning your bow for broad heads keep them in the sand pits. THANKS.

No Fires at the club until further notice, state wide burn ban is in effect. Thing are supposed to stay hot for a while so let's all be mindful, when enjoying not only our club but the great Northwest.

I hope that everyone has a safe and successful hunting season.

Good luck to all.

Tom Daniels | 253.334.5571

BOARD MEETING REMINDER

Thursday, October 13 | 6:30pm
CRB Clubhouse

All CRB members are welcome!
Come see how you can contribute to your club! Guest comments and feedback are welcome.

HAVE AN IDEA FOR A PUFFS ARTICLE?!

We are always looking for articles and topics for the Puffs Newsletter. Please send any hunt photos, recipes, and article ideas to Sarah St. George, Puffs Editor at sarahst.george@outlook.com



NO FIRES AT THE CLUB



A state-wide burn ban is in effect. No fires at the club until further notice.

CALLING ALL ASPIRING ARTISTS!

By: Mike Stefanick, Membership Chairman

Time to get creative!

We are looking for designs for 2017 shoot awards. Designs will be considered for 1st, 2nd, and 3rd place pins, as well as a general club pin. Designs will be approximately 1.5" - 2".

Deadline is October 31, 2016

Send your designs and ideas to sarahst.george@outlook.com by October 31st.



SOME SAMPLE PINS

SPECIAL ORDER SWEATSHIRTS

By: Diane Daniels, Secretary

I have had a quite a few requests to run another order of special order sweatshirts. Below is the link to the information. I will put the order is as soon as I have enough to fill an order. Call or email me if you have any questions.

<http://cedarriverbowmen.org/index.php/currentnews/230-sweatshirts>

Contact me at 253-632-8968 or enumclawdi@msn.com



MEMBERSHIP NEWS

By: Mike Stefanick, Membership Chairman

Summer League

Summer League shooting concluded on Tue Aug 9th with a game of Horse. We shot A course which is unmarked yardage, so to determine where the shot was to be taken from, the person with the previous target high score chose where the "shooting" position. Turned out to be fun as a couple of people kept selecting somewhat tough shots, like tall guy verse short guy and between narrow trees, etc. It was interesting and a good way to spice up the last round for the summer. We had pretty good turnout over the summer, and encourage others to get involved with league shooting. Winter league will start on the 1st Tuesday of January, so stay tuned for more info later.

New Members

Recruitment and word of mouth continues to carry CRB to impressive membership enrollment.

WELCOME NEW MEMBERS

Russell & Lacey Anderson

Tim - Elisa Barnes

Michael Clyde

Shea-Diane Conway

Robert Andrew Ellis

Rustyn Fu

Carolyn & Kevin Gahan

Brandon - Joyce Gellerman

Marie & Ted Hopkins & Sloe

Rob Joaquin

Michael Johnson

Kristin Judd

William Kirsop

Jason Mahe

Jalad & Nance Neal

Sarah Purvines

Shaun Ripple

Jesse & Cambre Schmidt-Lichtenberg

Michael Schriver

Connor Segren

Brett Willet

Dan Yates

THE 2016 BOWNANZA EXPRESS

By: Mike Wallace, Rangemaster



This year's Bownanza included a touch of country in the form of a 1948 Model "M" John Deere Tractor. The owner and restorer of this beautiful old machine was gracious enough to provide a shuttle service at this year's biggest CRB event.

I'm not sure who had more fun with it, the kids or Mr. Bill Bennet! Bill is a neighbor and friend of mine, but not an archer. Didn't matter because he had this tractor. It showed up in his front yard one day and he mentioned that he was working on a people hauler trailer he could tow behind his "JD" and needed a place to play with it. That's when I said I had a place, that was three years ago.

After all the parts and pieces came together and a knee replacement, I received word that Bill was ready for the Bownanza. He had no idea what happens at CRB so it was a learning experience for the old tank mechanic. Didn't take long for him to figure out what it was about. The kids caught on pretty quick also. It simply amazes me that a six year old thinks that tractor says (you can drive me) all over it. One little girl in particular overruled 146 years of accumulative earthly experience - namely Bill and myself. She slyly forced Bill into letting her drive his tractor. Within 50 feet she was brushing his hands off the steering wheel. We never did see her parents... she probably drove there by herself! So cute. Some of us older generations even caught a ride in Bill's trailer. Must have been nap time. Hope the rest of the crowd had as much fun with it as I did. If so, then it was a home run. The entire Board of Directors voiced their pleasure with how well it worked out and hope he comes back as often as he likes. I will provide him with next year's event calendar and encourage him to come back.

As for Bill, I think he fully enjoyed himself and would bet he comes back. He really liked Jason's biscuits and gravy and had dinner with us Friday and Saturday night. Look for him next year at the range and tell your kids, no they can't drive the tractor!

VOLUNTEER OPPORTUNITY

The Washington State Fair and the Northwest Outdoors Alliance are again providing space for a

Washington
STATE FAIR
PUYALLUP

try archery exhibit, this year with more space. They will now be able to provide 4 shooting lanes. The NW Outdoor Alliance intent is to provide examples and interactive experiences of outdoor activities and recreation opportunities in the state. This is a golden opportunity to showcase archery and allow the public to get to know our club. This exhibit will be housed in the Outdoor Adventure Tent, near the Blue gate for the entire run of the Washington State Fair, September 2nd through the September 25th, 10am until 6pm.

The archery exhibit is open Friday, Saturday and Sunday each week of the Fair. All volunteers will get free admission to the fair and parking passes. You do not need to be a certified instructor to volunteer as long as you know the basics of archery safety. If you'd like to volunteer but can't commit to one of the full weekend scheduled shifts please contact us and we'll do our best to work with your schedule.

CRB members are invited to man the NW Outdoor Archery exhibit for one of the middle weekends. Club members are as always welcome to volunteer individually, they would use the Skookum volunteer shift scheduling tool at skookumarchersonline.com.

Cedar River Bowmen present:
The 45th Annual
Bownanza
"a Northwest Tradition"



HOW TO CARE FOR GAME MEAT IN THE FIELD

By: Dwight Schuh - Article Courtesy Bowhunter.com

Recently, Bowhunter reader David Price wrote to ask me about game care in the field. Must you skin an animal immediately? How cold must the temperature be to safely keep an animal in the field overnight? How do you keep bears off your meat?

If you hunt where you can retrieve game with a vehicle, field care is simple: Immediately haul your deer to a cooler for processing. But in the backcountry, where game could remain in the field for days, your actions dictate the outcome. Over the years, I've researched game care, and have personally handled well over 100 animals in the backcountry. Following the steps below, I've never lost any meat to spoilage or scavengers.

BODY HEAT

The No. 1 cause of meat spoilage is an animal's own body heat. Normal internal temperature is about 99 degrees. When an animal dies, its temperature can actually rise because the muscles keep generating heat, while the cooling mechanism — the circulatory system — has shut down. To prevent bone sour, you must reverse that process. If you can lower meat temperature to air temperature, you're 90 percent home free. Here's how:

- **To skin or not.** If you shoot a deer in weather 40 degrees or colder, gut the deer and leave the hide on. Deer are small enough to cool quickly, and the hide acts as a sterile game bag during transport. In warmer weather, you should skin animals — especially big ones like elk — quickly. Removing the heavy hide is the first step in rapid cooling.
- **To hang or not.** Yes, good air circulation promotes quick cooling, and hanging promotes good circulation. But where is the coolest air? Cool air sinks and

warm air rises, so it makes sense to place meat as low as possible. In camp, you probably will hang all meat, but in the bush before you pack it to camp? Maybe not. (More on this below.)

- **To gut or not.** I rarely gut large animals like elk. Rather, to avoid wallowing in guts and blood and to ensure rapid cooling, I slit the hide up the back from the tail to the head, skin the upper side, remove the front and back legs, and bone out the neck, ribs, backstraps, and brisket. Then I flip the carcass, repeat the process, and finish by boning out the legs. I gut and quarter elk only for horse packing. Many packers prefer to pack elk cut into four even quarters.
- **To bone or not.** Boning reduces a 700-lb. bull elk to roughly 300 lbs. of pure meat, a welcome reduction if you have to pack the meat on your back. Equally important, boning ensures rapid cooling. Even in cold weather the thick portions — hips, shoulders — of big animals can retain heat for hours, and the fastest way to cool them is to remove the bone and expose the meat to the air. Some hunters argue that boning opens up meat to dirt and drying. Yes, you must bag the meat to keep it clean, but I've boned-out dozens of animals with no negative results.

MOISTURE

Meat-spoiling bacteria thrive in a moist environment, but water isn't all bad. After all, when a butcher kills a beef cow, he hangs the carcass and washes it top to bottom. In the field, if you kill an elk on a 70-degree day near a cold stream, I suggest you skin and bone the elk, and then wash the meat in the creek to cool it quickly and

eliminate contamination. Then wipe the meat dry, bag it, and lay it out to air dry. From then on, keep it dry. In rain or snow, make a tarp canopy that keeps the meat dry but allows good air circulation.

FLIES AND DIRT

In temperatures below 40 degrees, flies are rarely a problem, but in higher temperatures, blowflies are your nemesis. In warm weather, always bag skinned meat immediately. To be of value, bags must be light and compact (so you'll carry them), and guaranteed fly and dirtproof (no holes). Some manufacturers say flies cannot blow eggs through cheesecloth bags. Wrong! Stretch cheesecloth tight, and flies can blow eggs through it.

For years my wife has made bags for me out of 4-oz. cotton muslin. They're lightweight, durable, and dense enough to prevent fly blow. Caribou Gear Outdoor Equipment Company makes excellent bags of a synthetic blend. Super lightweight, durable, and breathable, Caribou bags come in various sizes. For deer, I carry four bags; for elk six, and for moose 10.

AIR TEMPERATURE

Once you get all body heat out of a carcass, air temperature is almost irrelevant. Commercial butchers age beef for up to two weeks at 40 degrees, and they quick-age beef for three days at 65 degrees. Guided by that continuum, I believe if you can cool meat to 65 degrees, you have roughly three days to get it into a cooler. If you can cool the meat to 40 degrees, you have up to two weeks.

Air temperature does not have to be constant. When I shot a mule deer in Nevada in mid-August, daytime temperatures were hitting 80 degrees, nighttime about 40. So that my companion could keep hunting, I did the following: After sundown (when

flies disappeared), I removed all the meat from the bags and hung it in camp, which cooled the meat to about 40 degrees overnight. Before sunrise, I rebagged the meat to keep it clean, stacked it in a shady spot, and covered it with sleeping bags. During the day, the temperature of the meat rose only about five degrees. Doing that each day, I kept the deer in the field for eight days — in 80-degree weather. I've handled many other warm-weather kills similarly.

BEARS

Most hunters hang meat “out of bear reach.” That sounds good, but if you

can't get it at least 10 feet off the ground — which few hunters can, especially alone — you're wasting your time.

Besides, how would you bait bears? You would hang scent high in a tree to disperse the smell. What's the difference between game meat and bear bait? Not much. Hanging meat high seems to me like the perfect way to attract every bear within 10 miles.

Thus, when I killed a moose near Yellowstone Park, a place infested with black and grizzly bears, I skinned the moose, boned and bagged the meat, and packed it a half-mile from

the carcass to a shaded bottom. In a depression there — where cold air would pool and meat scent would disperse very little — I laid the meat on a rack I'd made with rocks and limbs to ensure good air circulation. Then I went back and cut open the paunch of the moose to create a potent smell that would pull bears away from the meat. I've kept many animals in the field for several days this way with no problems.

Read more: <http://www.bowhunter.com/tactics/handle-with-care-how-to-maintain-quality-game-meat/#ixzz4HtGsTQdW>

THE LEGEND OF HARRY PENNYPACKER

By: Pat Moore

Ok, perhaps Harry was only a legend to us but he taught my friend and I many important and valuable lessons. So important was our day with Harry that his name comes up often in our reminiscing of our youth. It was a beautiful summer day in upstate NY. My high school friend Steve and I had agreed to attend an archery tournament in a nearby town. We were young and feeling our oats, we routinely finished in the top 3 of our own clubs competitive events so we were feeling a bit cocky and ready to flex our competitive muscles. Our club was laser focused on hunting so most of our targets were 3D and set between 10 and 35 yards. None the less, in our ignorant bliss, we were certain of our archery accuracy and expertise. We finished a wonderful breakfast at the local greasy spoon called “Manos”. With a great meal in our bellies we were ready to take on the world. We hit the road and arrived at our destination ready for competition.

During the check in process we were asked if we had ever shot an NFAA event before. I don't remember the specifics about our answer but I'm sure we said something along the lines of “What's NFAA?”. The check-in person

must have felt a bit sorry for us and said that they would need to pair us with an experienced NFAA shooter. That was fine with us the more people who witnessed our expertise the better. There was an older gentleman loitering in the clubhouse yucking it up with the other locals and generally making a nuisance of himself, pretty much like I do now when I'm at a shoot. The check-in lady yelled “Hey Harry these guys have never shot an NFAA round could you shoot around with them and explain the rules and such...” With great delight Harry scrambled over to us and shook our hands and made introductions. He was a pleasant chap and seemed eager to help us out. We grabbed our equipment and met back up at the clubhouse.

It was immediately evident that Harry did not subscribe to the old adage “Better archery through aggressive spending” He obviously much preferred “If it ain't broken don't fix it” His bow was probably 5 to 7 years old with a DIY camo paint job that was clearly done by his 3 year old. The plastic grip was held on by copious amounts of black electrical tape, so much tape in fact, we thought perhaps he didn't know how to cut it so he just decided to use the whole role. The

string was all frayed and looked like something even the most frugal archer would normally change. I believe he had rubber bands tied to the string as silencers. He had a stabilizer and as best as I can remember it was threaded rod and a stack of washers. His sight was a piece of bent metal with slots in it. The thing seemed littered with pins a total of 5 in all. His arrow rest was equally unimpressive it had the huge ball of what can only be described as hardened goo of some sort and a piece of plastic sticking out of it. Steve never one to mince words said what do you have stuck onto your bow there? Harry proceeded to explain how he had fashioned the rest out of a cow's ear tag and some epoxy resin he had laying around. In general Harry's bow was a wreck. Not wanting to go into any more specifics about the condition of Harry's equipment me thought it best that we just proceed to the range and show Harry how this archery thing was really supposed to be done.

As we stepped to the first target it became evident to Steve and I that we weren't in Kansas anymore. The first target was at 50 yards, we'd never even considered shooting that far.

(continued)

THE LEGEND OF HARRY PENNYPACKER, CONT'D

Steve looked at the only 2 pins he had on his bow, 20 and 30 yards, and started to scratch his head a bit. I was a bit more prepared because I had a 40 yard pin too. I had the forty so it was easier to hit that super long 35 yard shot our club employed. Harry proceeded to explain that NFAA had a whole bunch of longer shots including a walk up that was 80 yards. Despite our bravado, we exclaimed "Holy crap 80 yards Harry you can't possibly be serious?" Harry chuckled a bit and smiled at us and said yes dead serious. Harry obviously not fixated on equipment finally got around to taking a look at our bows. He asked, what was probably an obvious question to him, "What happened to all your other sight pins?" We explained again that we hadn't a clue about NFAA and that our experience with 3D shoots was drastically different and 2 pins was plenty. Despite Harry's skepticism we assured him we would be OK and we agreed to crack on. Harry proceeded to put all 4 arrows in the center of the 50 yard target while we struggle to keep them in the second ring. We were both thinking, man that Harry was lucky!

The next target was measured in feet, it seemed we were practically standing on top of it. Harry was kind enough to explain to us that we would likely need to aim high in order to hit

them. Obviously Harry had fallen of the deep end everyone knows that a closer target requires you to put the pin lower on the target, right? Well we quickly realized Harry may have been right but since it was a walk up it made it difficult for us to wrap our heads around the idea that the closer we were the higher we needed to aim. We somehow managed to score some points but you guessed it, all 4 of Harry's arrows were in the exact center of the bullseye. Man that Harry is one lucky archer!

After about the 4th target Steve and I had given up on any idea that we processed any real archery talent. That insanely lucky Harry had yet to miss, we realized luck had very little to do with Harry's success. We were pumping Harry for every last bit of knowledge he was willing to offer. He explained about elevation and how that affected the shot. He explained how we could use the gap between our pins to stack up the distances so we could estimate how high we would need to aim. We talked about how a crooked tree in your sight picture may cause you to cant your bow. He was a veritable treasure trove of information that we gleefully gobbled up. We had completely forgotten about Harry's equipment deficiencies and were just marveling at how effortlessly he

seemed to hit what appeared to us like nearly impossible target distances. I'm sure Harry did miss a couple of shots that day but that's not how Steve and I remember it. Harry will forever and always be remembered as the legendary enigma that shot impossibly good scores with what was the equivalent of landfill rejects.

We never saw Harry again and that was probably best it would have only served to undermine our high opinion of him. Harry taught us many valuable lessons. Archery isn't about stroking your ego or being better than everyone else. It isn't about having the best equipment to shoot your best. It's about being the best you can be and always be prepared and open minded enough to learn something new. Especially from those who on the face of it appear to be ill prepared to offer you guidance. Here's a novel idea, perhaps you should sign up for a Bowhunters Education course, There are plenty of things the instructors can offer and as an instructor I know I expect to learn something new from you too. Class schedules and details to sign up can be found on the WDFW website. Who knows while attending the class you may meet your equivalent to "The legend of Harry Pennypacker".



Washington Outdoor Women



Fall Workshop 2016

Washington Outdoor Women

WOW is an outdoor skills program that empowers women and girls through classes that sharpen their outdoor talents and improve their wilderness know-how. We know you have the potential....WOW offers the opportunity!

WOW Fall Workshop

Grab your hiking boots and come join other women who, like you, are eager to gain skills and greater confidence in the outdoors! Celebrating our 19th year, Washington Outdoor Women will host its popular Weekend Workshop September 16-18 at Camp Waskowitz in North Bend, Washington.



Engage in an empowering experience to sharpen your outdoor skills and improve your wilderness awareness. Invest in your personal growth and discover a new sense of self-reliance. Outdoor skills training is best experienced through hands-on practice. WOW will rekindle that link to the outdoors you've been seeking!



What: Annual WOW Weekend Workshop
When: September 16-18 (2½ day event)
Where: Camp Waskowitz, North Bend, Washington
Who: YOU! Women 18+

Information and registration: www.washingtonoutdoorwomen.org

Washington Outdoor Women is an educational program
of the Washington Wildlife Federation
www.washingtonwildlife.org

Washington Outdoor Women
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Bellevue, WA 98009
425-455-1986

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Soap Making

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First Aid

Wildlife
Awareness

1st Aid for
Dogs



MEETING MINUTES

CRB BOARD MEETING JULY 14, 2016 AT THE CLUBHOUSE

Attendance:

Travis Gahan	Tom Daniels
Jim Walker	Diane Daniels
Richard Lemon	Dave Garrison
Sarah St George	Mike Stefanick
BJ Brewster	Derrell Keegan
Jamey Holmes	Mike Wallace
Walt Watkins	Jason Coleman

Meeting called to order at 6:36.

A quorum is present.

Secretary's report - Diane – Distributed 6/14/16 - Motion made to accept as distributed. Seconded and passed.

Treasurer's Report – Travis – Distributed 7/5/16 – Dave asked if we could get a record of the donation record for Y.O.U. so we would have it if anyone asks about our community support. BJ will provide. Motion made to accept report as distributed. Seconded and passed.

Derrell asked to speak. He has been on the board for over 2 years. For his wellbeing and the wellbeing of the club he is going to resign at this time. Thanked all for their support.

Range Master report – Mike W.–

* Patrick's trailer is available. Tom and Mike will pick up antique tractor. To be used as a shuttle service at Bownanza.

* Cleaned "D" course and fixed a few targets.

* Set out a NFAA animal round on "B" course.

* Seems like we had a two month period that we did not have a work party. Need to look at cleaning that up for next year. That was too long for the courses to be left unattended.

* Mike asked if conveyor belt material would work around the target bales on the flat range. After much discussion, it was determined that fire

hose is still a better option. Mike will use fire hose to replace those missing at the flat range.

* Mike indicated that Bocci Delfino might be interested in the open asst. range master position. Tom will send out an email to the club to see if anyone else is interested. Will vote/ratify at the August meeting.

* Jamey asked who has the new signage for sponsorship. Tom has them. He will get them to Mike W for installation.

* Jim shared new designs for the target butts at the flat range to accommodate scoring rings. Jim to go ahead with making new stencils for the hunter rounds. Field rounds still to be worked.

Assistant Field – Now open -

Assistant Animal – Dave – Making new target pins. Courses A, B, C need attention.

Bow hunter report - Addie – Absent

Membership – Mike S-

* Membership is at 240 paid, total of 253.

* Recruitment program says that if a member brings in a member, they both need to sign up the next year. Jim would like to gift his memberships to Dani. Board agreed that was ok. Mike will note.

* Would like to alert the board of the Summer league closure on July 26th due to Bownanza. He will put a notice in the Puffs.

* Mike needs decals to give out with membership. Diane pointed out we have several in the back room. Will get them to Mike.

* Jim asked if we are charging the members the additional \$15 if they do not pay by SuperBowl Safari. We will put a reminder in the Puffs at renewal time.

Tournament report – Open –

Puffs – Sarah –

* Needs articles.

* She will put in an article for members to submit ideas/designs for a possible award/club pin.

Old Business –

* Bownanza –

o Need volunteers. Poker run, club house set up, etc.

o Need parking spots designated. BJ will paint the lot again.

o Turn in any raffles soon.

New –

* Jim would like to provide an update on elk academy. Brought in approx. \$780 between lunch, memberships and club fee. Jim asked if we have the people attending the Chef of the Woods to sign waivers as we did for the Elk academy. We will look into when we need them moving forward.

* Two attendees asked what the status is on Josh and Addie? They have not been in attendance for the past 3 board meetings. Tom stated that he had been in contact with them but had not heard from them relative to their attendance this evening.

Meeting adjourned at 7:46.

2016 BOARD OF DIRECTORS



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