

FROM THE PRESIDENT

By: Tom Daniels, CRB President, 253-334-5571

Happy November everyone, I hope that those who are hunting this season, are having safe and successful hunting season. As you know things are pretty quiet at the club right now and mostly wet. We do have elections coming up in January, please keep watch for election information in this newsletter and upcoming emails.

Thanks to all that attended our annual turkey shoot. Despite the rainy wet weather we had about 40 club members and friends come out to enjoy some good food, and family fun. Gift cards were given away for high score, closest to zero, and largest negative score. Kary Lemon had the highest score, Richard Lemon had the high negative score, and Jim Walker was closest to zero. Congrats to all.

Our shoot calendar is complete for next year here is what it looks like.

February 6 Super Bowl Safari	June 11-12 Y.O.U. Benefit Shoot 3D
March 19-20 Boars Head 3D	July 22-24 Bownanza 3D
April 23-24 No Strings Attached 3D	August 13 Broadhead 3D
May 21-22 Extreme 3D	October 1-2 Hullabaloo 3D
June 4-5 Train to Hunt	



BOARD MEETING REMINDER

Thursday, December 10
6:00pm at Krain Corner

All CRB members are welcome!
Come see how you can contribute to your club! Guest comments and feedback are welcome.



2016 CRB BOARD ELECTIONS ARE COMING!

Now is the time to make your voice heard if you are interested in becoming a CRB Board Member.

Be a part of the decision making process that keeps your club going, reviews new ideas and possible growth opportunities.

If you are interested, please contact one of the nominating committee members listed below.

Jamey Holmes at 206-940-6650

Josh Tedeschi at tedeschilandandtree@hotmail.com

If you are not interested in being a Board Member, please watch for your election information and ballot coming your way over the next couple of months.

This is your opportunity to have a voice in who is overseeing your club.

PHOTOS FROM THE CRB TURKEY SHOOT NOVEMBER, 2015



WHAT NOT TO DO WITH A POP TART

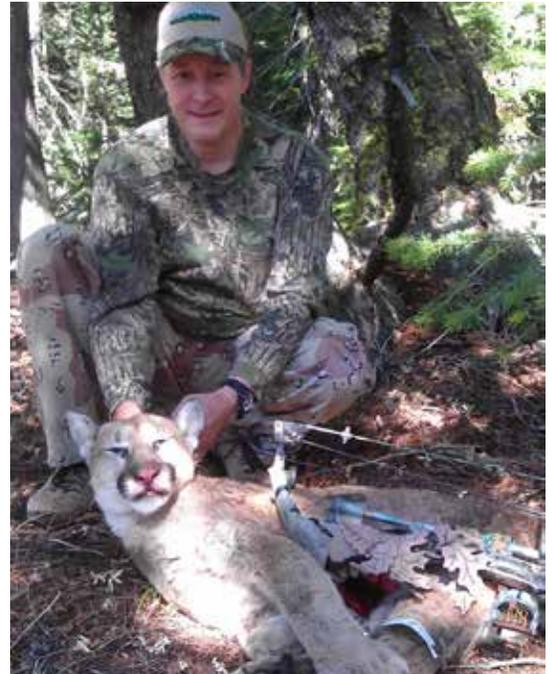
By: Pat Moore

Days upon endless days of sitting in a treestand can lead to, shall we say, less than optimal attention to your surroundings. On one particular such endless day I was feeling a bit peckish and began rummaging around my backpack looking for the elusive pop-tart. On a side note, why is it that no matter what you are looking for in your pack it is always impossibly buried or intertwined with the rest of the debris that seems to collect in there? Anyhow, I found what I was looking for and managed to unwrap it inside my pack to minimize the noise. Despite my best efforts, the sound still seemed to be at a decibel level I was certain would eliminate all deer for several counties. Assured that my snack would not be interrupted by one of those pesky deer, I leaned back against the tree to enjoy my hard earned prize. My parents always prohibited us from eating pop-tarts, mostly because I don't think they wanted to spend the money on them. Whenever you are told you can't have something, getting it becomes the most important thing in your life. I suppose because of that prohibition it's been a long standing tradition of mine to always have a pop-tart when I go hunting. It's like two great things enjoyed together hunting and pop tarts. Best of all, now that I'm in my 50's there is no one watching over me to tell me I can't have a pop-tart.

A couple of bites into my delectable treat I managed to extract myself from the culinary ecstasy long enough to notice that there was a nice buck standing about 50 yards in front of me. Unfortunately where my stand is placed it is relatively open so I need to take a reasonable amount of care to avoid any unnecessary movement or risk being spotted. Now I need to get my bow and be ready for a shot because it's rather

likely this buck is going to walk right by my stand. The problem is that I have a pop-tart in one hand and I'm pretty sure I need both hands to shoot. Sooooo... What am I going to do with the pop-tart? I could drop it and lose it and I think we all know at this point there is no way I'm parting with my pop-tart. I could try and set it on my tree stand seat but that would require a lot more movement than I think would be prudent and I might accidentally bump it and have it fall to the ground, so again not an option. Of course I have pockets in my jacket but there is some buck lure in there and so unless I fancy urine flavored pop-tarts I can't take that route either. The buck takes a couple of steps towards me adding to what has already become a stressful enough decision making process. My heart starts to pump faster and in my adrenaline fueled frenzy I make a faithful snap decision. The only logical place to dispose of my coveted pop-tart is of course, in my mouth.

As kids we all like to brag about how much stuff we can stick in our mouth. It was great fun to half chew it up and try to gross out your little sister by showing her all that gooey yumminess in your mouth. Well as an adult we have forgotten the times when that didn't work out so well. At the point where I've stuffed three quarters of my partially eaten pastry into my mouth it starts to become clear that perhaps I may have overestimated my oral capacity. My wife tells me I'm incredibly stubborn and perhaps that's true because despite my silent reservations I've



committed to freeing up both hands and I'm not giving up. I mash the remaining quarter into my mouth and slowly begin to pivot to collect my bow from its perch. It is at this point when I realize that between the pop-tart and the snot in my nose it has become incredibly difficult to breathe. Now as you can imagine, this story really starts to become interesting.

I frantically try to chew and swallow so I can clear up enough room to breathe. I conclude that the only way I'm going to keep from passing out is to try and breathe through what little room I've managed to create by mashing the crumbled pop-tart against the roof of my mouth. Now I suppose that some of you may be

WHAT NOT TO DO WITH A POP TART, CONTINUED

thinking why not just spit some of it out? You clearly haven't been paying attention, because given my affinity for this forbidden treat, that option never even crossed my mind. In total ignorance of my plight the buck continues in my direction, he clearly has no concern for my dilemma. I begin to suck that much needed air into my lungs and unfortunately all the flour particles and a piece of crust the size of a small automobile also managed to find their way into my esophagus. If you have ever watched the cinnamon challenge on youtube I can attest it is hilarious. My eyes began to water and my

face reddened. I really really did not want to squander my opportunity at that nice buck. Unfortunately at some point a person's automatic gag reflex kicks in and so despite my best efforts I began to cough and gag. A hale of half chewed pop-tart rained down on the forest floor. Chunks were flying out of my nose and mouth trailed by a long line of spit and gagging noises as I mercifully avoided puking the small amounts of pop-tart I had managed to eat earlier. As I cleared the tears from my eyes I looked around to find that the sometime in the last 30 seconds the

buck managed to take notice of the idiot in the tree stand and extricated himself from the general vicinity.

In hind sight a lot of the things you remember as a kid aren't remembered all that accurately. Like the size of your mouth or the even the taste of a Pop-Tart (they really aren't that good) So if it's been 20 years since you last took a bowhunter education course or if you've never taken one now might be a good time. Who knows perhaps you or one of the instructor might share really important information like what not to do with a pop-tart.

CRB MEMBERSHIP NEWS

By: Mike Stefanick, CRB Membership Chairman

Membership Renewal First Notice

Cedar River Bowmen membership renewals are just around the corner and I am going to try to make it as easy as possible for all of us. As is customary, CRB will start out our shoot calendar for the year with the SuperBowl Safari shoot on Sat Feb 6th, 2016. It is frequently called the Key Exchange shoot as we will do membership renewal and key exchange that day. When we lock up for the day after the shoot, the new locks will go on and you will need the new key for entrance.

Beginning a couple of years ago, International Bowhunters Organization(IBO), where we purchase our general liability insurance, wanted a signature for an Assumption of Risk waiver. I have cleared with them that we can do an internet check off. We should have this setup before renewals begin in January for those that wish to use the CRB website, otherwise, we'll use the standard paper form with signature. As we get the details ironed out I will let you know the details via email.

CRB Membership

Due to all the positive comments members make to friends and family regarding Cedar River Bowmen and our facilities, we continue to recruit new members. Membership is at the highest level that the club has ever experienced. Below are the most recent new members. Please welcome and help them out if they look a bit lost or need directions:

*Chad Gert
Robert & Christa McVicker
Alan Nickerson
Don Rose
Chris & Jenn Tarantino
Scott Zerr
Michael Zerr
Jacob Zerr
Dan Zimmerman*

29TH ANNUAL
Washington
SPORTSMEN'S
SHOW® **& Sport Fishing**
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WASHINGTON STATE FAIR EVENTS CENTER | PUYALLUP, WA
JANUARY 27-31, 2016

2016 NORTHWEST ELK ACADEMY

Mark your calendars and set some time aside for the upcoming 2016 Northwest Elk Academy. It is scheduled for June 25th and 26th, 2016 at Cedar River Bowmen. Class will be held in the clubhouse and there will be some activities on the range.

Time: 10AM to 4PM both days

Lunch will be included both days.

Keep watching the “Puffs” for the flier that will have more details as we will be adding a few things this year. For those who missed out this year or were uncertain about the Academy, feel free to talk with anyone who attended and get their thoughts.

Should you have any questions, please give me a call.

Jim Walker | 253-740-3653



Bacon-Wrapped Grilled Elk Backstrap



Prep
10 m

Cook
15 m

Ready In
25 m

Recipe By: john0811

"Here's a delicious way to prepare elk: seasoned pieces of backstrap are wrapped in bacon, and grilled. This tasty meal is ready in under half an hour! I like to sprinkle the skewers with more Worcestershire sauce halfway through cooking."

Ingredients

2 pounds elk loin (backstrap), cut into 2 ounce pieces
1/2 teaspoon onion powder, or to taste
1/2 teaspoon black pepper, or to taste
1 tablespoon liquid smoke flavoring
16 slices thick cut bacon
1 tablespoon Worcestershire sauce
1/2 teaspoon garlic powder, or to taste

Directions

- 1 Preheat an outdoor grill for medium heat.
- 2 Season backstrap pieces with liquid smoke and Worcestershire sauce. Sprinkle with garlic powder, onion powder, and pepper. Wrap each piece of meat with a strip of bacon, and place on a metal skewer.
- 3 Cook the elk on the preheated grill until the bacon becomes slightly burnt, and the meat has cooked to medium-rare, 15 to 20 minutes.

Have An Idea for a Puffs Article?

We are always looking for articles and topics for the Puffs Newsletter. Please send any hunt photos, recipes, and article ideas to Sarah St. George, Puffs Editor at sarahst.george@outlook.com

MEETING MINUTES - OCTOBER 2015

CRB BOARD MEETING OCTOBER 18, 2015 AT THE CLUBHOUSE

Attendance:

Tom Daniels	Jim Walker
Diane Daniels	Derrell Keegan
Dave Garrison	Al Gertsch
Jamey Holmes	Sarah St. George
Richard Lemon	Clint Collins
BJ Brewster	Josh Tedeschi
Jennifer Gahan	Mike Stefanick
Travis Gahan	

Meeting called to order at 6:10.

Quorum is present.

Secretary's report - Diane –
Distributed to the board 8/14/15
– Motion made to accept as distributed. Seconded and passed.

Treasurer's report – Travis –
Distributed to board 10/7/15
– Motion made to accept as distributed. Seconded and passed.

Range Master report – Chris –
Absent

Assistant Field – Clint – Not in bad shape. Maybe a bit of work to do in the broadhead pits.

Assistant Animal – Al - Nothing to report.

Bow hunter report - Dave –
Nothing new at this time.

Membership – Mike S- 207 memberships, 4 more to process. He is going to start looking at registration for next year. He will miss the Dec board meeting.

Tournament report – Mike G –
Absent

Puffs – Sarah – Nothing to report. Newsletter out this next week.

Old Business –

* Y.O.U. update – BJ – Diane and BJ met with Melissa Espinosa to discuss first steps for the benefit shoot in June. They do want to run a couple novelty shoots and they will help man them.

* Sportco 3D shoot update – Derrell – Andy is gone hunting. Derrell will touch base with him next week.

* Course Marshaling update – Derrell – Derrell has not found anything more on official marshaling guidelines. We may need to surface at a later date.

* Bownanza – Jim brought up that is has been the last weekend in July since it was the “Big” Bownanza. Should we move it to the last weekend? Motion made to move to the last weekend in July. Tom to contact WSAA to move.

* We will have the No Strings Attached and the Benefit shoot as Marked yardage.

* Al stated that the traditional shoot was a lot of work for 50 shooters. Richard suggests leaving as traditional shoot but welcome compounders to play but not be eligible for awards.

New –

* BJ would like to make a motion that everyone on the board that fulfills their commitment get their membership paid. No one seconded the motion.

* Elections – BJ suggested getting the process going soon. Tom to set up a meeting with Jamey and Josh to discuss the process and what was learned from last year.

* Jim talked with Troy. He wants to do the Elk Academy again next year. Would like to propose doing it June 25 & 26. Motion made to allow them to do it June 25 & 26. They would also like to add this to the WSAA calendar at convention. Seconded and passed. Tom will check with WSAA to see if we can add it.

* Jim put together the numbers from past Bownanzas to illustrate

how well the business plan on a self-perpetuating prize process worked. He suggested leaving only 75% of the money raised at Bownanza 2015 earmarked for prizes and the rest be put back into the general fund. Decided to table for now. Possibly create a Bownanza prize committee to lead a co-ordinated effort.

* Richard has make contact with Iron Mountain Quarry to donate process crushed concrete and gravel if we found someone to haul it. Richard found someone that would haul it for \$230 or two memberships. BJ made a motion to give him two memberships for the rest of this year and next year. Seconded and passed. Richard will move forward.

* People have approached Richard on having a shoot similar to the Winter/Summer league that would have a “clean and sober” theme. Open meeting to anyone. Discussion would be how to stay clean and sober. Would charge \$2 a night. Wednesday nights. Motion made to move forward. Seconded and passed. Probably to start in January.

* Derrell got info for the Sportsman's Show. They complimented us on our participation. He will proceed on getting us involved again this year.

* TBW contacted Tom asking if we would possible be interested in purchasing their trailer. They are having their board meeting sometime this week. We should know soon. We offered \$1000. Motion made to allow Tom to purchase if they agree. Seconded and passed. (continued...)

MEETING MINUTES, CONTINUED

* Turkey Shoot – Need a volunteer to glue targets and set up. Gaylen said he would help with scoring. Dave will touch base with Gaylen.

* WSAA convention – Oct 23-25. Derrell Keegan, Dave Garrison, Jamey Holmes to be our delegates.

* Derrell brought up possibly changing up the awards for next year. Will be discussed later.

* Richard brought up an ad hock fund raiser possibly at the Boars Head again. Will discuss later.

Meeting adjourned at 7:30.

2015 BOARD OF DIRECTORS

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